



October 2008

Hello RSVP Volunteers!

RSVP has overcome some huge challenges during the past couple of years. Happily, we are making progress and building our partnership with Colorado Mountain College. We will be part of the conversations about educational opportunities offered by and for seniors in the community through CMC. Please talk to Patty or myself about any ideas in this area you have.

About timesheets: Our guidelines and requirements we must meet have not changed about paper timesheets. However, we also now have another option. Volunteers who are doing their timesheets on our web-site are finding it VERY easy. Go to www.highcountryrsvp.org. Then go to Keeping Time (<http://www.highcountryrsvp.org/voltime.html>). You can call me for your username & password, & your volunteer activities you do need to be input. At that point, you can put your hours in online! If you do not have internet access, we hope to have at least one volunteer in each area who does have access to help you with that. We still need to have you turn in your volunteer timesheets so if you do not do online time, so please, please continue that!

YOUR TIMESHEETS ARE CRITICAL!

A few of the MANY ways sending your in timesheets help RSVP to provide:

- Free Medicare D counseling to seniors—COUNTYWIDE—we helped more than 300 seniors!
- Free tax assistance to seniors—COUNTYWIDE—this year we helped more than 400 clients—most of them seniors.
- Free senior advocacy for your friends and neighbors when needed—COUNTYWIDE
- The annual Volunteer Recognition Banquet—COUNTYWIDE.
- RSVP Assistance to make volunteering better for all in Garfield County - COUNTYWIDE
- Volunteer insurance for you while you volunteer —COUNTYWIDE
- Information about new and needed volunteer opportunities—COUNTYWIDE

Reporting your volunteer hours makes these things possible!

Thanks for doing so! You make a difference!

If you have an e-mail address and we do not have it, please let us know. We are not going to disclose your address, but do hope to ultimately be able to send our newsletter via e-mail to many of you-plus we want to let you know about new volunteer opportunities that are available.

You can just send me a test e-mail at rsvp@coloradomtn.edu and I will put your e-mail address into your record!

Volunteer Timesheet Help:

- Cheryl Cain—947-8462
- Patty Daniells—947-8461
- rsvp@coloradomtn.edu



! NEW INFORMATION !

We are ready to start our Helping Hands for Seniors Program, to help seniors in Glenwood Springs with some simple home maintenance tasks. If you would like to be involved as a volunteer, call me at 947-8462. If you can use our services, please contact our special phone line

384-8746

CALL US TO REVIEW YOUR MEDICARE D Rx PLAN— BETWEEN NOVEMBER 15 AND DECEMBER 15!

384-8744

MEET OUR NEW VOLUNTEER COORDINATOR!

PATTY DANIELLS

Hi, my name is Patty Daniells and I am the new RSVP Volunteer Coordinator.

I was hired in July and I am a recent graduate from CMC with an AA in General Education. I have been married to my husband, William, for 28 years. We have three grown children. I was born and raised in California and we moved to the Roaring Fork Valley in 1999.

Like all of you I love volunteering but most of all I love seniors — they are the best part of this job! It is fun working with Cheryl and here at the CMC Glenwood Center where I enjoy being able to visit with some of our volunteers during the mealtimes on Tuesdays and Fridays. I have been able to visit several of our other volunteer stations and I think our RSVP volunteers are the best and providing outstanding service to our communities.

I look forward to meeting more of you and visiting more volunteer stations in the coming months. I hope I can be as much help and support to you, our volunteers, as you are to all the people and organizations you are helping to support.

It's Medicare D time again!

Everyone with a Medicare D plan needs to review it EVERY year!

Coverage and costs change yearly.

RSVP now has SHIP (Senior Health Insurance Program) counselors. These volunteers know about Medicare in depth and provide counseling assistance to seniors countywide. This includes helping with Medicare D, but is much more comprehensive. Please call with Medicare & Medicare D questions!

384-8744

We will be sending you an assessment and some liability waivers soon. Please review and return to us!

Thanks in advance!



VOLUNTEER CLASSIFIED ADS
 SOME SAMPLES OF VOLUNTEER NEEDS THOUGHOUT GARFIELD
 COUNTY—WE NEED VOLUNTEER HELP!
 INTERESTED? CALL 947-8462 OR E-MAIL rsvp@coloradomtn.edu



Remember—the time you have to volunteer may be filled, but please spread the word about RSVP and our volunteering services to your friends, family, and your neighbors. *They may not know that they can make a big difference!*

If they are over 55 we would love to offer them the benefits of being RSVP members and in the process, help offer not only assistance to volunteers and non-profits county-wide, but also support services that are vital to the seniors of Garfield County.

HELP US SPREAD THE WORD!

Eat a good meal, visit with some great people, serve meals, clean up afterward—sounds like Thanksgiving doesn't it!? We can offer you yummy food & good companionship every day of the week at each of our meal sites. Carbondale to Parachute! Call us!

LIFT-UP needs you! Their busiest time is NOW and they need help in each of our communities. Please call us if you can help!

Remember that just ONE hour can make a difference—of course, you may choose to volunteer more, but don't think that one hour is not enough!

Help input volunteer hours on the internet! Call 947-8462

YOUTHZONE needs adult mentors for kids at risk—call us!

We need additional volunteers to dispatch the Traveler in both Glenwood Springs and Rifle. Again, training is provided—if you can help, let us know.

We need help with some mailings here in Glenwood Springs—call if you can assist with this!

None of these appeal to you? Then let us know what does appeal & we will work with you on that. We are here to help each person who wants to volunteer find the *right match* for their special interests and skills.

*Always and forever we will miss Ginny Lappalla
 A founder of High Country RSVP and a completely dedicated RSVP &
 Community volunteer during her many years here.
 Our prayers go to her family and friends.*



We hope if you, your family members, or friends are interested in learning more about volunteer opportunities in Garfield County, you will call us or have them call us!

947-8462 or 947-8461

These are just a few of the volunteer opportunities we work with - let us know your volunteer interest and we can guide you, or let us know what you are already doing in your volunteer work and we will be sure that we can take advantage of the work you are already doing and make it benefit ALL Garfield County seniors.

We will need more volunteer tax preparers this year—call us if you have an interest—we provide training for you!

Love to read?? Read to a child, an adult, help someone learn to read, get involved in storytelling to enhance a love of reading. Let us know—there are many opportunities to share your reading passion!

Ever think that it would be scary & lonely to no longer be able to leave your home easily? Could you be the one who makes a connection with a homebound person & check on them, offering friendship & support? If so, we have the program for you—plus we need someone really special to administrate it. Let us hook you up! Call RSVP.


We seek more volunteers for our Medicare and Medicare D counselor team. Call if you can make this critical commitment.

Volunteers needed for our Glenwood Springs Helping Hands for Seniors program—yard work and simple home maintenance tasks. Please call!


Are you a fund raising dynamo? We have a mission for you if you are willing to accept it!

CALL 947-8462 OR 947-8461 ABOUT ANY OF THESE VOLUNTEER OPPORTUNITIES

Did you know?—you can donate a portion of your City Market purchases to RSVP. We would need your City Market Value Card number & your signature to do that. It is an easy way to support our countywide non-profit. We rely on grants & donations to make our program work. Fill out the card below and return to us, or call us at 947-8462. Thanks!



Value Card Sign-Up Card



Organization Name _____

Date: ____/____/____

Name _____	Value Card Number _____
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Address _____ Telephone (_____) _____

Authorized Signature _____

Record these 10 digits in the Value Card column

By signing, I am indicating that I do wish to receive special offers by mail