



March/April 2009

Hello RSVP Volunteers!

Welcome to Spring! As I write this, there is a snow storm outside, but we all know they go as quickly as they come at this time of year. I have already said hello to my crocuses—bet you have too! This newsletter is late in coming out, sorry that we have been overwhelmed. Always remember, you can call us and we will be happy to drop blank timesheets in the mail to you. We will include a few extras with this newsletter.

We are continuing to work with CMC to determine our future path. This would be an easier process if it was all we had to do, but we are very active in the tax program, the Medicare counseling program, the Helping Hands program, our own data records, grant writing, and community networking—to name a few things keeping us busy.

Thought I would just summarize a few of the services we provide—and this is just a *short* list!

- Free Medicare D counseling to seniors—COUNTYWIDE—we helped more than 300 seniors!
- Free general Medicare counseling on all Medicare issues!
- Free tax assistance to seniors—COUNTYWIDE—this year we helped more than 350 clients—most of them seniors.
- Free senior advocacy for your friends and neighbors when needed—COUNTYWIDE
- The annual Volunteer Recognition Banquet—COUNTYWIDE.
- RSVP Assistance to make volunteering better for all in Garfield County - COUNTYWIDE
- Volunteer insurance for you while you volunteer —COUNTYWIDE
- Information about new and needed volunteer opportunities—COUNTYWIDE

Reporting your volunteer hours makes these things possible!

Thanks for doing so! You make a difference! See you at the Banquet—see Page 2!

If you have an e-mail address and we do not have it, please let us know. We are not going to disclose your address, but do hope to ultimately be able to send our newsletter via e-mail to many of you—plus we want to let you know about new volunteer opportunities that are available.

You can just send me a test e-mail at rsvp@coloradomtn.edu and I will put your e-mail address into your record!

Contact Information:

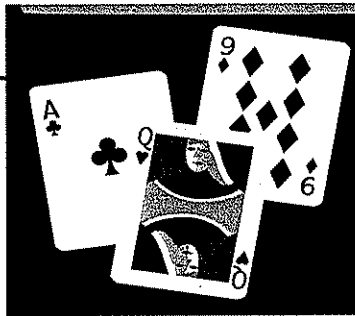
- CHERYL CAIN —947-8462
- PATTY DANIELLS —947-8461
- MEDICARE/MEDICARE D — 384-8744
- INCOME TAX ASSISTANCE — 384-8740
- AARP DRIVING CLASSES (GLENWOOD) — 384-8747
- HELPING HANDS FOR SENIORS (GLENWOOD) — 384-8746
- OUR FAX — 947-8488
- CCAIN@COLORADOMTN.EDU
- PDANIELLS@COLORADOMTN.EDU

! NEW INFORMATION !

We continue to develop our Helping Hands for Seniors Program, to help seniors in Glenwood Springs with some simple home maintenance tasks. If you would like to be involved as a volunteer, call me at 947-8462. If you can use our services, please contact our special phone line.

384-8746

**YOUR
VOLUNTEER
TIME
SHEETS
ARE CRITICAL!**
Please send them
to us!



Volunteers are Winners!

Please save the date(s)
for the upcoming
**Volunteer Recognition
Banquet.**

We are doing things a bit
differently this year—we
will have **TWO EVENTS!**

MAY 9, 2009
Aspen Glen Clubhouse

JUNE 13, 2009
Battlement Mesa
Activity Center

Our hope is that this will
alleviate some transpor-
tation issues and make
things more convenient
and fun for all.

More Information is
Coming!

RSVP now has SHIP
(Senior Health
Insurance
Program) counselors.
These
volunteers know about
Medicare in depth and
provide
counseling assistance
to seniors countywide.

This includes
helping with Medicare
D, but is much more
comprehensive .

Please call with
Medicare & Medicare D
questions!

384-8744

If you have ideas
about classes you
would like to see
CMC offer, please
let us know and we
can pass those
ideas on!



VOLUNTEER CLASSIFIED ADS
SOME SAMPLES OF VOLUNTEER NEEDS THOUGHOUT GARFIELD COUNTY—WE NEED VOLUNTEER HELP!
INTERESTED? CALL 947-8462 OR E-MAIL rsvp@coloradomtn.edu OR 947-8461



Remember—the time you have to volunteer may be filled, but please spread the word about RSVP and our volunteering services to your friends, family, and your neighbors. *They may not know that they can make a big difference!*

If they are over 55 we would love to offer them the benefits of being RSVP members and in the process, help offer not only assistance to volunteers and non-profits county-wide, but also support services that are vital to the seniors of Garfield County.

HELP US SPREAD THE WORD!

We need Lead Volunteers—another name is Volunteer Program Managers. We absolutely cannot manage all programs from our office—we only have 1.5 staff members! If you are interested in learning about a program and helping run it, let us know. We have been asked for instance, when we will extend Helping Hands to Rifle & Parachute. Our biggest barrier to that is needing that Program Manager. If you are a possible leader—let us know, so we can chat!

We seek a Volunteer Manager for our Glenwood Springs Helping Hands for Seniors program—if you are interested, please call for more details. You need program passion, plus organizational skills!

We need additional volunteers to dispatch the Traveler in both Glenwood Springs and Rifle. Again, training is provided—if you can help, let us know.

Help input volunteer hours on the internet! Call 947-8462

None of these appeal to you? Then let us know what does appeal & we will work with you to make that good match. We are here to help each person who wants to volunteer find the *perfect place* for their special interests and skills.

Remember that just ONE hour can make a difference—of course, you may choose to volunteer more, but don't think that one hour is not enough!

CALL 947-8462 OR 947-8461 ABOUT VOLUNTEER OPPORTUNITIES



We hope if you, your family members, or friends are interested in learning more about volunteer opportunities in Garfield County, you will call us or have them call us!

947-8462 or 947-8461

These are just a few of the volunteer opportunities we work with - let us know your volunteer interest and we can guide you, or let us know what you are already doing in your volunteer work and we will be sure that we can take advantage of the work you are already doing and make it benefit ALL Garfield County seniors.

We seek more volunteers for our Medicare and Medicare D counselor team. Call if you can make this critical commitment.

Spellbinders is doing a training for Storytellers on April 7, 9, and April 14th. If you would like to do this, let us know. The fee will be waived if you will make a commitment to tell young people stories—how fun!

Ever think that it would be scary & lonely to no longer be able to leave your home easily? Could you be the one who makes a connection with a homebound person & check on them, offering friendship & support? If so, we have the program for you—plus we need someone really special to be our Program Manager. Let us hook you up! Call!


Often, we can use some help here in our office with some clerical tasks, data input, mailings—if you would like to be on our list of volunteers to call, please let us know.

Eat a good meal, visit with some great people, serve meals, clean up afterward—sounds like Thanksgiving doesn't it!? We can offer you yummy food & good companionship every day of the week at each of our meal sites. Carbondale to Parachute! Call us!

Operation Vacation needs volunteers for the Yagatta Regatta — late May and early June. A fun time and worthy cause—call us!

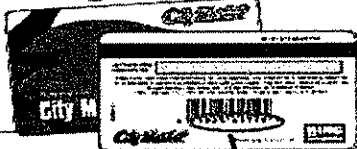
We need YOU!

Did you know?—you can donate a portion of your City Market purchases to RSVP. We would need your City Market Value Card number & your signature to do that. It is an easy way to support our countywide non-profit. We rely on grants & donations to make our program work. Fill out the card below and return to us, or call us at 947-8462. Thanks!



City Market CARES
ELECTRONIC FUNDRAISING PROGRAM

Value Card Sign-Up Card



Organization Name _____

Date _____

Name _____	Value Card Number _____
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Address _____ Telephone (_____) _____

Authorized Signature _____

Record these 10 digits in the Value Card column

By signing, I am indicating that I do wish to receive special offers by mail